ABSTRACT OF THE DISCLOSURE

A method of monitoring the temperature of a biochemical reaction such as an amplification reaction is described. The method comprises effecting the reaction in the presence of a fluorescently labeled temperature probe DNA sequence which comprises a double stranded region which denatures at a predetermined temperature, the fluorescent label of said temperature probe sequence being arranged so that a detectable signal occurs at the point-at-which denaturation of said-region takes-places; and-monitoring—————fluorescence from said reaction mixture so as to determine when said predetermined temperature has been reached.